



Program for konferansen:

Working together for 1001 days – improving perinatal mental health for all

24. oktober

- 09.00: Registrering och kaffe
10.00: Velkommen. President i Nordisk Marcé Ewa Andersson
10.10: Fathers and Grandfathering: Lived experience in a changing world. Professor John Cox
10.30: Vart tog moderslyckan vägen? Forfatter Helena Askén.
11.10: Forfatterpresentasjon og postere
11.15: Pause
11.30: The Psychiatry of Motherhood: What we now know. Professor Ian Brockington
13.00: Lunsj

14.15 -15.15: Parallele sesjoner

Sesjon 1 (Scandinavian): **Prevention under graviditeten.**

- Frida Viirman: Dårlig självsattad helse före graviditet og graviditetsutfall.
Ranveig Osnes: Prevalence of perinatal anxiety disorders and insomnia during Pregnancy
Jennie Lenntorp: Stödande samtal for gravide med forlössningsrådsle

Sesjon 2 (English): **Interventions and biomarkers for perinatal distress and depression.**

- Gunilla Lönnberg: Long-term effects of Mindfulness based Childbirth and Parenting Program (MBCP)
Emma Fransson: Biomarker profiles in women with Self-Harm Ideation.
Catharina Arfwedson: “Blues Mothers” – a qualitative study of postpartum depressed womens experience of support groups.

15.15: Kaffe og postervising

15.45 -16.45: Parallele sesjoner

Sesjon 3 (Scandinavian): **Föräldra-barn relationer.**

- Kjersti Sandnes: The Working Model of the Child Interview (WMCI): psychometric properties
Dag Nordahl: Associations between Early Maladaptive Schemas and quality of foetal bonding
Camilla Eilertsen: Developing a Family Focused Intervention to improve parental sensitivity and decrease maternal depression

Sesjon 4 (English): **International perspectives.**

- Malin Skoog: Non-native speaking immigrant mothers’ experience of screening for PPD
Simone Shwank: Shanghai women’s care-seeking behaviours and disclosure on mental health
Ewa Andersson: Swedish and Australian antenatal care midwives’ experiences with Somali-born women

17.00-18.00: Årsmøte Nordisk Marce

19.00: Avreise middag (buss)

25 oktober

- 09.00: Psychotherapy for Perinatal Women. Professor Scott Stuart
10.30: Kaffe og postervisning
11.00: Person centered counselling for postnatal depression delivered by non-specialists. Birgitta Wickberg
11.30: Lithium treatment during pregnancy. Lisa Forsberg
12.00: Brukerorganisasjoner i Norden: Mamma til mamma, Landsforeningen 1001 dager, ÄIMÄ
13.00: Lunsj

14.15-15.15: Parallele sesjoner

Sesjon 5 (English):

Perinatal mental illness – implications for the infant

Johanna Pietikäinen: Parental depressive symptoms and children's emotional problems at the age of 2 years.

Michaela Schiøtz: Cross-sectional perinatal care to families with psychosocial vulnerabilities

Kathrine Røhdner: Risk profiles for the maternal-foetal relationship in women with psychosocial vulnerabilities.

Emma Fransson: Maternal depression and early behavioural difficulties in the offspring, age 18 months

Sesjon 6 (Scandinavian):

Perinatal psykisk ohälsa och interventioner

Tina Gammelgaard: Erfaringer fra utprøving av Familie for Første gang/ Nurse-Family Partnership

Silje Marie Haga: "Mamma Mia" - Effectiveness of an automated Internet Intervention on perinatal depressive symptoms

Nilam Shakeel: Prevalence of postpartum depression among ethnic minority groups in Norway.

- 15.15: Avslutning og introduksjon til konferansen i Ohio 2020. Lisa Segre, Ewa Andersson
15.30: Kaffe